

BROWN BAG LUNCHEONS

2008-2009

Wednesday, September 24, 2008

"Letting Go of the Emotions that Shackle You"

with Gwen Sanderson, Associate Professor of Christian Ministries &
Director of Arts in Family Ministry, Winebrenner Seminary

12-1:00 PM; Eagles Back Hall

\$6.00

*****LADIES NITE OUT*****

Thursday, November 6, 2008

"Advanced Directives"

with Julie Mason, LSW, Putnam County HomeCare & Hospice
also presenting "Hats off to Mammograms"

with Mary Kay Verhoff, St. Rita's Medical Center

Doors open at 5:30 PM; Dinner at 6:00 PM

Eagles Back Hall

\$8.00

Thursday, February 5, 2009

"Smart Energy Tips"

with Amy Carles, Ohio Consumers' Counsel

12-1:00 PM; Eagles Back Hall

\$6.00

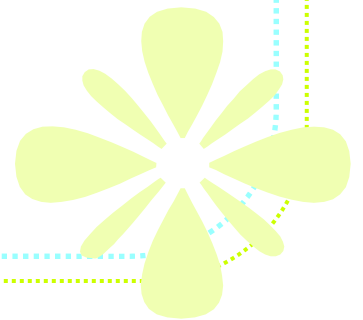
Thursday, April 30, 2008

"It's a Flavorful Life: Cooking with Herbs"

Demonstration by a chef from St. Rita's Medical Center,
The High Street Cafe

12-1:00 PM; Eagles Back Hall

\$6.00



Sponsored by the Putnam County Health Collaborative:

First Federal Bank; Northwest Physical Therapy, Inc.; Pathways Counseling Center; Putnam County Council on Aging; Putnam County Family & Children First Council;
Putnam County Health Department; Putnam County Home Care & Hospice;
& Putnam County St. Rita's Ambulatory Care Center

Mission Statement:

Our purpose is to encourage continued and expanded health education, to encourage individuals to network with each other, and to take an active role in their own health care and well-being.