

Disaster Kit Supply Checklist

Emergency Supplies

Water, food, and clean air are the essential items for survival. Each family or individual's disaster kit should be customized to meet specific needs, such as medications and infant formula.

Recommended supplies to include in a basic home kit:

- Water**, one gallon of water per person per day, for drinking and sanitation
- Food**, at least a three-day supply of non-perishable food
- Battery-powered radio and extra batteries**
- Flashlight and extra batteries**
- First Aid kit**
- Whistle** to signal for help
- Dust mask** or cotton t-shirt, to help filter the air
- Moist towelettes** for sanitation
- Wrench or pliers** to turn off utilities
- Can opener** for food (if kit contains canned food)
- Plastic sheeting and duct tape** to shelter-in-place
- Unique family needs**, such as daily prescription medications, infant formula or diapers, and important family documents
- Garbage bags and plastic ties** for personal sanitation.

Important Family Documents:

Keep copies of important family records in a waterproof portable container:

- Insurance policies
- Identification
- Bank account records
- Other personal information

Clothing and bedding:

It is possible that the power will be out and you will not have heat. Rethink your clothing and bedding supplies to account for growing children and other family changes. One complete change of warm clothing and shoes per person, including:

- A jacket or coat
- Long pants
- A long sleeve shirt
- Sturdy shoes
- A hat and gloves
- A sleeping bag or warm blanket for each person

Other items to consider adding to your kit:

Emergency reference material such as a first aid book or a print out of this information

- Rain gear
- Mess kits, paper cups, plates and plastic utensils
- Cash or traveler's checks, change
- Paper towels
- Fire Extinguisher
- Tent
- Compass
- Matches in a waterproof container
- Signal flare
- Paper, pencil
- Medicine dropper
- Feminine supplies
- Personal hygiene items
- Disinfectant
- Household chlorine bleach

You can use bleach as a disinfectant (diluted nine parts water to one part bleach), or in an emergency you can also use it to purify water. Use 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.